



TIG weekly meetings:

Join us on Wednesday’s (7:30 to 9:00 pm), as we continue our exploration into ‘what we are not’ - so that we may see who we truly are. *“All that is happening in these contemplations is the clear seeing of the true nature of this current experience. The clear seeing of what is has a profound effect on the appearance of the mind, the body and the world...”* Rupert Spira. For more information about the meetings and the location, contact Doran Fried @ dfried001@earthlink.net.

Announcements:

We are still exploring the possibility of doing a one day intensive with Paul Hederman - probably in September. We will keep you posted!

Check out the new rewritten purpose and intention of TIG on the revised ‘front’ page and ‘about’ page on the TIG website at www.triangleinquirygroup.com.

Inspiration From Wu Hsin:

“Underneath is the support.
It is the water
To the boat, and
The sky
To the cloud.
The known is supported by
The unknown which, in turn, is
Held by the Unknowable.
Ignoring this is
The folly of men.” Wu Hsin

Reflections from TIG members:

Wise Ones:

It might surprise you what the wise ones know.
First, they know they know nothing.
Second, they know the futility of what they do know.
And yet, their words are not entirely useless.
As there is beauty in the sound of the wind through the leaves,
As there is comfort in the sound of water over rocks,
As the unutterable softness of a young child’s hair, or the color in an Autumn leaf,
As these sing of the essence of things:
So are the words of the wise – and of the fool. *By Kevin Shuey*

Bittersweet:

Never has a person or a world existed. The split-mind’s seductive dance of labeling, naming, and claiming appearances produces an imaginary storyline with a “me” at the center of an imaginary life that seems tangible, relative, and appearing in space and time.
And the great mystery of these spontaneous appearances cannot be described yet we try with our words and phrases to describe the indescribable.
This succulent image captures a sweet, fragile, beauty ...

(see link below for a beautiful picture of the succulent and the rest of the post by Anita):
www.mindfulnessandnonduality.org/bittersweet



Happenings in the Community:

Upcoming TAT meeting – June 23 - 25:

Becoming the Truth

A Weekend with Mr. Rose

"There is a path to Truth. From ignorance to relative knowledge. From relative knowledge to an awareness of the limitation of such knowledge. And finally, we pass from intelligence to a reality of Being." ~ Richard Rose

Next Monthly Satsangs: (2:00 – 3:30 pm)

May 13 – at Jenny's house – (email Jenny @ jennylclarke@gmail.com if you need info).

June 10 – at Anita's (email Anita @ anitaavent@gmail.com for further info).

July 1 - @ Anita's house

The Awakening Experience:

Join Nancy Burns and Jenny Clarke the 2nd, 3rd, and 4th Sundays at Unity Church of the Triangle, 10:10 – 10:50 am to deepen your process of awakening. We will be doing both experiential processing and discussion/sharing.

Additional Resources:

www.triangleinquirygroup.com

www.tatfoundation.org

www.spiritualteachers.org

www.mindfulnessandnonduality.org

www.unitytriangle.org

www.headless.org

(If you have suggestions, thoughts, or contributions to share in this newsletter, contact Jenny @ jennylclarke@gmail.com).